



YACHTING MALTA  
RACE WEEK



**FOILING** **100**



# THE FOILING 100

## 1st Edition

16<sup>th</sup> to 19<sup>th</sup> May 2024

**Organizing Authority:** Malta Young Sailors Club

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## SAILING INSTRUCTIONS

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. The international jury may refuse to hold a hearing when a boat protests based on these rules. This changes RRS 60.1(a) and 63.1.

### 1. RULES & REGULATIONS

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- 1.1. The regatta will be governed by the Funboard Racing Rules as defined in The Racing Rules of Sailing 2021-2024, including Appendix B "Windsurf Competition Rules".
- 1.2. Participants will be sailing under the International Regulations for Preventing Collisions at Sea (COLREGS).
- 1.3. No national authority prescriptions will apply.
- 1.4. Rule 40 of the RRS "Personal Flotation Devices" is mandatory at all times while afloat without the need to give any signal. Amends RRS 40 and the Preamble to Part 4C. [NP][DP]The use of a Head Protective Equipment (helmet) is mandatory at all times while afloat.
- 1.5. [NP][DP]All team support personnel may be required to use a life jacket, as well as VHF radios while afloat.
- 1.6. English is the official language for the event, notwithstanding that Notices may be issued in another language. The English text will take precedence.
- 1.7. iQFoil Class Association rules, excluding Section G.1.1.
- 1.8. RRS 90.3(e) will apply.
- 1.9. The Official Notice Board will be online. Hearing requests shall also be lodged mainly online. You are hereby advised to bring an electronic device with internet connectivity.

### 2. NOTICES TO COMPETITORS

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- 2.1. Notices to competitors will be posted on the Official Notice Board via the WhatsApp Group:
- 2.2. The Race Office is located at Gillieru Harbour Hotel, Board Room, St. Paul's Bay, Malta.

### 3. CHANGES TO SAILING INSTRUCTIONS

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- 3.1. Any change to the Sailing Instructions will be posted not later than 09:00 on the day it will take effect, except that any change to the Schedule of Events will be posted by not later than 20:00 on day before it is to take effect.

### 4. ELIGIBILITY

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- 4.1. Without prejudice to NOR 3.4, participation in this event shall be at the sole discretion of the Organizing Authority. Minors under 18 shall not be eligible to participate.
- 4.2. NOR 3.1 shall be revoked.
- 4.3. Participants may enroll to participate in two classes:



- i. **Open WindFoil**
- ii. **Open iQFoil**

4.4. In the Open iQFoil Class, eligible sailors may participate in this event subject to the following equipment criteria:

- i. Sail Sizes  $\leq 9m^2$ ;
- ii. No more than 2 sails;
- iii. No more than 2 sail masts;
- iv. No more than 2 booms;

4.5. In the Open WindFoil Class, eligible sailors may participate in this event subject to the following equipment criteria:

- i. Sail Sizes  $\leq 9m^2$ ;
- ii. No more than 2 sails;
- iii. No more than 2 sail masts;
- iv. No more than 2 booms;
- v. No more than 3 front wings;

## 5. FORMAT & COURSE

5.1. The format of the event shall consist of a 100km race starting from the waters in the vicinity of St. Paul's Bay, Malta to the waters in the vicinity of Marina di Ragusa, Sicily. Participants will be guided and assisted by Lead Boats. The Organizing Authority shall have the discretion to adjust the format and course as necessary, taking into consideration weather forecast and prevailing conditions.

5.2. An official finish time shall be recorded for every participant for the purposes of establishing a new event record.

5.3. The course to be sailed and the marks shall be determined by the Principal Race Officer in conjunction with the Organizing Authority, which course shall be communicated to all participants at the Official Skipper's Meeting held on the 16<sup>th</sup> May 2024 at Gillieru Harbour Hotel, Malta.

## 6. SCHEDULE OF EVENTS

6.1. The Schedule of Events is as follows:

Date	Time	Description	Location
16.05.2024	12.30	Press Release	Gillieru Harbour Hotel, Malta
16.05.2024	18.30	Official Skipper's Briefing	Gillieru Harbour Hotel, Malta
17.05.2024	-	Possible Start Day	St.Paul's Bay, Malta
18.05.2024	-	Possible Start Day	St.Paul's Bay, Malta
19.05.2024	-	Possible Start Day	St.Paul's Bay, Malta
TBC	20.00	Wine Tasting + Event Dinner	Marina di Ragusa, Sicily
TBC (Upon Return in Malta)	18.00	Prize Giving & Farewell Party	Gillieru Harbour Hotel, Malta



## 7. THE START

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- 7.1. The Start date & time shall be decided by the 16<sup>th</sup> May 2024 upon the Official Skipper's Briefing.
- 7.2. The Start shall be between a Start Committee Boat bearing an **Orange Flag** on the starboard end and a pin-end mark on the port end.
- 7.3. There will be no recalls for early starters. A 10-minute early-start penalty shall be imposed on boards which are deemed OCS. This changes RRS29 & RRS30. [SP]

## 8. THE FINISH

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- 8.1. The Finish Line shall be between a Race Committee Vessel bearing a **blue flag** on the starboard end and a lighthouse located on the breakwater at Marina di Ragusa, Sicily.
- 8.2. Lead Boats shall guide the participant to the finish line but shall not pass through the finish line.
- 8.3. Participants who successfully cross the finish shall steer well-clear of the Finish Line and approach their Lead boat. Once well clear of the Finish line the sailors are to board their Lead Boat and recover their equipment. During this period, outside assistance is allowed.
- 8.4. If the Event is shortened for any reason whatsoever, the Event will end at a time and place decided upon by the Organizing Authority at any time and place they deem fit, taking safety and weather conditions into consideration, at which time the sailor will approach his/her lead boat, load his sailing equipment and stop sailing. The lead boat shall advise the RC Vessel the coordinates of its sailor to determine the finish places according to the position closest to the finish line.
- 8.5. There will be no sailing allowed after sunset and no person other than the registered sailor will be allowed to sail at any time, either during or after the event, if this has been cancelled/shortened.
- 8.6. The Organizing Authority shall be responsible for organizing the accommodation of all participants, crew, support crew and other personnel upon arrival in Marina di Ragusa, Sicily.

## 9. LEAD VESSELS

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- 9.1. Each Participant will be allocated a Lead Boat to accompany him throughout the Race. Lead Boats shall be drawn and allocated to participants by lot during the Official Skipper's Briefing.
- 9.2. The Lead Boat will carry, apart from its crew, spare equipment (which the sailor can change at any time during the crossing), food and drink supplies.
- 9.3. The Lead vessel shall motor on the correct heading so as to guide on the preferred course to the finish line. The Participant shall co-operate at all times with his Lead Boat.
- 9.4. Participants shall not continue sailing if he/she loses sight of the Lead Boat. Visual contact between participant and Lead Boat shall be maintained at all times.
- 9.5. In the event that Participants are precluded from sailing on the rhumb line due to weather conditions, the Lead Boat shall maintain a steady course on the preferred course while the participant shall sail as necessary while maintaining a safe distance from the Lead Boat.

- 9.6. Other than in cases of emergency and first aid, participants shall only board the Lead Boat to change or fix equipment. Food and drink may be provided to the Participant, however, the Participant shall not board the vessel for this scope. This shall not constitute "Outside Help" in terms of RRS41 [NP].
- 9.7. Lead Boat crews must not enter the water at any time unless with the express consent of the skipper of the Lead Boat, and only then in cases of urgent need to save life. The skipper will be allowed the discretion to decide to give permission for persons to enter the water but only if he deems this safe and absolutely necessary in the circumstances.
- 9.8. During equipment changes/alterations the Lead Boat engine/s shall remain switched on but drifting in neutral/idle.
- 9.9. Lead Boats shall give priority to the safety of the sailor first and to the sailor's sailing equipment second. In the event of an emergency, the participant and his Lead Boat shall, under all circumstances, follow the instructions of the RC Vessel and/or the Emergency Vessel.
- 9.10. The Lead Boat shall communicate directly with the Emergency Vessel via VHF Channel 16 if the life of the participant or any of the crew is put in manifest jeopardy or in case of distress threatening life and limb.
- 9.11. In the event that a participant is deprived of his Lead Boat through mechanical or any other reason, the Participant may be asked to abandon racing or may request that the Lead Boat be replaced. The replacement vessel shall be identified by the RC Vessel taking into account safety and suitability. The provisions of these Sailing Instructions shall apply to the replacement vessel. [NP]
- 9.12. In any case, a participant shall not be allowed to race without a Lead Boat, unless this occurs within sight and close to the finish line.

## **10. THE RC VESSEL & EMERGENCY VESSEL**

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- 10.1. The RC Vessel shall be easily identified by means of a yellow flag bearing the letters "RC".
- 10.2. The RC Vessel shall carry the Navigation Officer, the Principal Race Officer and any other support crew.
- 10.3. All Participants, Lead Boats & Support Vessels are to follow instructions communicated by the RC Vessel at all times.
- 10.4. Outside assistance from any vessel which is not part of the official fleet identified by the Organizing Authority is strictly prohibited.
- 10.5. Participants who fail to abide by instructions given by the RC Vessel shall be disqualified from the Event immediately.
- 10.6. The Emergency Vessel shall be easily identified by means of Red Cross Logo.
- 10.7. The Emergency Vessel shall be responsible for the health and safety of all participants, crews, support crew and other personnel involved in this event and shall liaise directly with the RC Vessel throughout the event.
- 10.8. In the event that the life of participants is in manifest jeopardy and the event is deemed a risk to life and limb, the Emergency Vessel shall take control over the event and shall coordinate the rescue of all participants, crews, support crew and all other personnel to safe harbour.



## **11. VHF CHANNEL AND COMMUNICATIONS**

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11.1. The VHF channels to be used during the course of the crossing are CHANNELS 16 AND 72. Skippers are asked to maintain a constant watch on these channels, and avoid unnecessary disturbance on these channels.

## **12. SAFETY**

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- 12.1. Every participant shall, at all times:
- i. wear buoyancy aid sufficient to support his/her weight;
  - ii. wear helmet or similar protective head-gear;
  - iii. wear the Milo Communicator provided by the Organizing Authority;
  - iv. carry a mobile phone in a water sealed pocket or pouch;
  - v. carry the tracking device and/or install the tracking app provided by the Organizing Authority;

For the purposes of this clause, the use of the Milo Communicator provided by the Organizing Authority shall not constitute "Outside Help" in terms of RRS41. [NP]

## **13. PROTESTS AND REQUESTS FOR REDRESS**

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- 13.1. [NP][DP] To inform the Race Committee of the board being protested, the board intending to protest shall approach the race committee boat immediately after finishing and shall hail her sail number and the protested boat's sail number/s.
- 13.2. Requests for hearings shall be lodged by means of a Protest Form duly filled and submitted to the Principal Race Officer.
- 13.3. The protest time limit is 120 minutes after the last board has finished the race. The Hearing Schedule will be posted on the Official Notice Board.
- 13.4. Notices of protests by the Race Committee or Jury will be posted on the Notice Board to inform boats under RRS 61.1(b).
- 13.5. Protests shall be heard upon return in Malta.
- 13.6. Decisions of the International Jury will be final as provided in RRS 70.5.

## **14. OFFICIAL BOATS**

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- 14.1. The Malta/Sicily Channel is a busy commercial shipping route and such vessels are to be given right of way at all times.
- 14.2. Only Official boats are allowed on the course, these shall display a flag bearing the letters 'RC' - Race Committee or 'S' for dedicated safety, 'P' or 'MEDIA' for Press.
- 14.3. Spectator boats are to stay well clear of participants.

## **15. ADVERTISING**

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- 15.1. Sailors shall be requested to carry the name of the Event's sponsors on their sails & dedicated bibs carrying the sponsors' names. An area on the sail may be reserved for the sailor's own sponsors, if any, as long as his sponsor does not clash with the name of the sponsors of this Event.
- 15.2. Participants shall stick Event sponsor stickers on the area indicated by the OA during the Official Skipper's Briefing.



## 16. PRIZES

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16.1. NOR 12.1 shall be revoked and replaced with the following:

Prizes shall be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in each Class.

16.2. An overall trophy shall be awarded to the participant with the shortest elapsed time.

## 17. ENVIRONMENT & TRASH DISPOSAL

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17.1. To do our part to save our planet, water dispensers will be available at the Race Office and its surrounding areas. It is recommended to bring refillable water bottles.

17.2. No rubbish or litter shall be disposed of in the sea or surrounding areas.

## 18. DISCLAIMER OF LIABILITY

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18.1. **Competitors participate in the regatta entirely at their own risk and responsibility.** RRS 3 states: *“The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.”* By participating in this event each competitor and the responsible adult agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.**

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## Event Sponsors



## Event Supporters

